

A 790g Miracle Goes Home!

The month of May at Kaushalya Hospital turned out to be a miraculous one.

A baby girl born at 27 weeks, weighing just 790g, completed her 2-month journey in the NICU of Kaushalya Hospital and is headed home today at ~2kg, breathing independently, feeding well, and with no neurological concerns.

She came into the world completely limp at midnight and needed immediate resuscitation. What followed was weeks of round-the-clock care for extreme prematurity: surfactant for her lungs, multiple central lines for nutrition



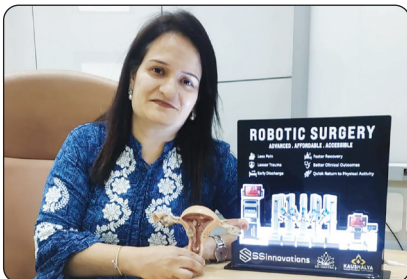
and medications, management of apnea, treatment for a heart condition with mitral regurgitation and LV dysfunction, support through anaemia, feed intolerance, and poor weight gain. At her lowest, she weighed 690g.

Through every challenge, NICU

doctors, nurses, and allied staff worked as one team. Her gradual progress is a testament to their skill, dedication, and compassion.

The hospital management ensured support through IPF assistance, which helped guaranteed uninterrupted care for this little fighter.

Dr Jolly Gosavi Performs Her First Robotic Hysterectomy



Performing her first robotic hysterectomy using the SSI Mantra robotic surgical system was a defining milestone in Dr Jolly Gosavi's surgical career. After years of performing conventional laparoscopic procedures, transitioning to robotic-assisted surgery marked the beginning of an exciting new chapter in delivering advanced, minimally invasive gynaecologic care. This achievement was not only a personal milestone but also a reflection of the vision and commitment of Kaushalya Hospital in embracing cutting-edge technology for the benefit of patients.

Dr Gosavi expressed gratitude to the hospital management and administration for their unwavering support in introducing robotic surgery and for fostering an environment that encourages innovation, continuous learning, and clinical excellence. Their investment in advanced technology, structured training, and multidisciplinary teamwork made ... Page-2

Donation of Blankets Brings Comfort to Patients



A blanket donation drive was organised at Kaushalya Hospital on April 30 through the generous contribution of philanthropist Radha Rao. Blankets were distributed to underprivileged and charitable patients admitted to the hospital, offering them much-needed warmth and comfort during their treatment. The initiative reflected a spirit

of compassion and community service, ensuring that patients from economically weaker sections received support beyond medical care. Hospital authorities expressed their gratitude to Radha Rao for her thoughtful gesture, noting that such acts of kindness boost patients' morale and inspire others to contribute towards the welfare of those in need.

Spreading Awareness on Antimicrobial Resistance

Patients should follow 4 steps of Safe Medicine Practices

1S SAFE PURCHASE



- ✓ Buy only from licensed pharmacies
- ✓ Check expiry date
- ✓ Follow the doctor's prescription

2S SAFE CONSUMPTION



- ✓ Complete the full course
- ✓ Do not self-medicate
- ✓ Do not share medicines

3S SAFE STORAGE



- ✓ Store in a cool, dry place
- ✓ Keep away from children
- ✓ Check expiry regularly

4S SAFE DISPOSAL



- ✓ Do not throw or flush medicines
- ✓ Use take-back bins if available
- ✓ Follow safe disposal methods

Doctors follow 4 steps of Safe Prescription



1 DIAGNOSE FIRST

- ✓ Is it bacterial?
- ✓ Is an antibiotic necessary?

2 PRESCRIBE SMART

ACCESS: first choice for common infections

WATCH: use cautiously

RESERVE: last resort

3 OPTIMIZE TREATMENT

- ✓ Right diagnosis
- ✓ Right drug
- ✓ Right dose
- ✓ Right route
- ✓ Right duration

4 EDUCATE & DOCUMENT

- ✓ Discuss with patients
- ✓ Document decisions
- ✓ Guide correct medicine use

Kaushalya Hospital organised an awareness programme on June 2 to educate healthcare professionals on safety measures to prevent Antimicrobial Drug Resistance (AMR). The session was conducted by Dr Leena Kelshikar, who highlighted the importance of the responsible use of antibiotics and infection prevention practices. To reinforce their commitment towards combating AMR, participants also took a pledge to promote the judicious use of antimicrobial medicines and strengthen patient safety.



Paint To Protect

On the occasion of International Nurses' Day, poster making competition was organised at Kaushalya Hospital under the theme

"Paint To Protect." The nurses showcased their creativity and made thoughtful posters that garnered appreciation from the hospital staff.



Continuation from Page 1

Dr Jolly Gosavi Performs Her First Robotic Hysterectomy

this journey possible.

She also acknowledged the dedication of the anaesthesiology team, nursing staff, operation theatre technicians, biomedical engineers, and the entire robotic surgery team, whose meticulous planning, coordination, and enthusiasm ensured the seamless execution of this landmark procedure.

As Dr Gosavi sat at the robotic console, she immediately appreciated the remarkable advantages of

robotic surgery. The high-definition three-dimensional vision provided exceptional depth perception, while the wristed robotic instruments offered superior dexterity and freedom of movement, allowing precise dissection in the confined pelvic cavity. Features such as tremor filtration, motion scaling, enhanced ergonomics, and improved surgeon comfort translated into greater precision, meticulous tissue handling, and confident suturing during critical steps

of the operation.

The procedure was completed successfully, and the patient's smooth postoperative recovery reinforced my confidence in this evolving technology. Robotic surgery has the potential to minimise blood loss, reduce postoperative pain, shorten hospital stays, accelerate recovery, and improve overall patient outcomes while expanding the surgeon's ability to perform complex procedures with greater accuracy.

This first robotic hysterectomy reaffirmed her belief that the future of gynaecologic surgery lies in combining surgical expertise with technological innovation. With the continued encouragement of Kaushalya Hospital's administration and the dedication of its entire surgical team, Dr Gosavi looks forward to expanding robotic-assisted surgery and offering more patients the benefits of safe, precise, and advanced minimally invasive care in Gynaecology.

Nurses' Day Celebrated with Creative Competitions



Kaushalya Hospital celebrated International Nurses' Day on May 12 with a series of vibrant and engaging competitions to honour the dedication and creativity of its nursing staff. The day honours the birth anniversary of Florence Nightingale, the founder of modern nursing.

The celebrations featured a bridal makeup competition, hairstyling contest, mehendi competition, and rangoli competition, providing nurses with an opportunity to showcase their artistic talents beyond their professional responsibilities. The event fostered teamwork, enthusiasm, and camaraderie while creating a joyful atmosphere across the hospital.

Hospital management appreciated

the wholehearted participation of the nurses and recognised their invaluable contribution to patient care. The

celebration served as a heartfelt tribute to their compassion, commitment, and tireless service.

Free Health Check Up Camp For Women



Kaushalya Medical Foundation Trust Hospital organised a free health check-up camp exclusively for women on 28 June, reaffirming its commitment to promoting preventive healthcare and women's well-being. The camp witnessed an encouraging response, with numerous women availing themselves of the opportunity to



undergo comprehensive health screenings and receive expert medical consultations.

The initiative aimed to create awareness about the importance of regular health

check-ups and early detection of medical conditions. Experienced doctors and healthcare professionals guided participants on maintaining a healthy lifestyle and addressing common health concerns. The hospital continues to organise such community outreach programmes to ensure accessible and quality healthcare for all.

HAPPY PATIENTS

“ On the historic occasion of 14 April, the birth anniversary of Dr Babasaheb Ambedkar, the very first robotic surgery at Kaushalya Hospital was performed on my wife, Mrs Rekha Rakhade. The surgery was successfully conducted by Dr Neha Sohoni (Gynaecologist) and Dr Amol Bhanushali. We were delighted to be discharged on 16 April and return home after her successful recovery.

- Mr Sachin Rakhade



“ I had a very good experience during my delivery at Kaushalya Hospital. The entire journey, from pre-delivery to post-delivery, was handled very smoothly. A special thanks to Dr Jolly Gosavi, who supported us wonderfully throughout the pre- and post-delivery



phases. Her guidance, care, and calm approach gave us immense confidence during this important time. I would also like to thank Dr Maithilee Gadgil for her excellent care and support during the pre-delivery phase. Her advice and attention helped us prepare well for the delivery. A heartfelt thanks to Dr Pawan Agarwal, our baby's doctor, for taking such good care of our newborn. His guidance and support were extremely reassuring for us as new parents. The hospital staff were also very friendly, caring, and supportive throughout our stay. They ensured we were comfortable and were always ready to help whenever needed.

- Mrs Kavita M

“ I was recently admitted to Kaushalya Hospital and was thoroughly impressed by the quality of care I received. The nurses were attentive, compassionate, and always ready to help, while the doctors kept me well informed throughout my treatment. The hospital premises were clean and well maintained, making my stay comfortable. The Resident Medical Officers (RMOs) on every floor, along with the knowledgeable medical staff, were always available to provide



prompt care and support whenever needed. I would like to specifically commend Dr Nandan Pujari and the nursing staff on the ward for their exceptional patience, kindness, and professionalism. They answered all my questions with great care and made me feel safe and well looked after during my recovery. The daily visits by the PRO were also very reassuring and made me feel comfortable throughout my stay. During my discharge, the staff provided a clear explanation of my medications, follow-up schedule, and future course of treatment, ensuring I left the hospital with complete confidence and clarity.

- Rajendra Zende

“ I highly recommend Dr Makarand Deolalikar of Kaushalya Hospital. He is an exceptional doctor who combines deep knowledge, extensive experience, and a calm, reassuring approach to patient care. Kaushalya Hospital operates with a level of integrity, professionalism, and dedication that is truly commendable. A heartfelt thank you to the entire staff for their seamless support, compassionate care, and excellent service throughout my experience.

- Abhishek Wadekar

