



## Remembering Dr H.S. Bhanushali



On August 17, the second Death Anniversary of Dr H.S. Bhanushali was solemnly observed. Colleagues, friends, and well-wishers gathered to pay tribute to his remarkable contributions and enduring legacy.

To commemorate the day, a special talk was organised in memory of the late teacher and doyen of surgery, Dr Harikant Bhanushali. The keynote speaker was Dr C.S. Pramesh, Director of the Thoracic Surgery Department at

Tata Memorial Hospital.

Dr Pramesh also serves as the Convenor of the National Cancer Grid. It collaborates to advance cancer research, establish national standards for prevention, diagnosis, and treatment, and provide education and specialised training in oncology. It also maintains a national cancer registry and works together to negotiate with pharmaceutical companies, aiming to make cancer treatment more

affordable and accessible to patients.

The Rajya Sabha has formally acknowledged the vital work of the National Cancer Grid, and the Government of India has provided funding to support its initiatives in cancer control, prevention, and treatment. It has also been focusing on extending its expertise to the North-East region, helping to improve cancer care and treatment infrastructure in underserved areas.

## Pushpalata Dumbre shares tips on balanced nutrition



Kaushalya Hospital observed Nutrition Week on September 11 with an informative session by dietitian Pushpalata Dumbre. She delivered an engaging talk on the importance of balanced nutrition and healthy eating habits. The session encouraged staff and attendees to adopt mindful dietary practices for overall wellness and better health.

# Kaushalya Hospital organises BLS training on International CPR Day

On occasion of International CPR Day on July 21, Kaushalya Hospital in association with Thane Academy of Paediatrics (TAP) conducted a BLS training programme for its staff. Dr Parul Shukla took the initiative to arrange it in Kaushalya Hospital. From TAP, Dr Manish Doshi, Dr Gauri Kulkarni, and Dr Geeta Bhat were present for this training programme.



## A Unique Rakhi Celebration with Little Ones

Kaushalya Hospital celebrated the Raksha Bandhan on August 9 in a special way with the Pre-Primary section students of SMM High School and Junior College. The event highlighted the bond of love and care, as children tied rakhis to the hospital's staff, spreading joy and festive spirit.



## Organising Health Checkup Camp on Independence Day Eve



In association with the Rotary Club of Thane Premium, Kaushalya Hospital organised a health checkup camp at a Primary School in Murbad on the eve of India's Independence Day, August 15. The initiative aimed to promote health awareness and provide basic medical care to students. A team of doctors and healthcare professionals

from Kaushalya Hospital conducted general health examinations and offered guidance on preventive healthcare practices. Dr Neha Sohoni and Dr Sameep Sohoni supervised and ensured the smooth execution of the camp. The event reflected Kaushalya Hospital's commitment to community service and public health welfare.

# Celebrating Breastfeeding Day with TOGS

Kaushalya Hospital celebrated Breastfeeding Day on August 7 in association with TOGS (Thane Obstetrics and Gynaecology Society). The event focused on spreading awareness about the importance of breastfeeding for the health of both mothers and babies. Doctors from Kaushalya Hospital and TOGS shared valuable insights on the benefits of exclusive breastfeeding and addressed common misconceptions. The celebration highlighted Kaushalya Hospital's ongoing efforts to promote maternal and child health through education, awareness, and community participation.



## Timely intervention saves young woman's life at Kaushalya Hospital

Bhiwandi's 25-year-old woman, G3P2 with delayed periods, was referred to Kaushalya Hospital on August 1, with a ruptured ectopic pregnancy and massive hemoperitoneum, presenting in early shock. Repeat sonography revealed a live ectopic pregnancy in the right fallopian tube.

She was admitted under Dr Sandhya Saharan, Senior Obstetrician and

Gynaecologist, who promptly stabilised her and, with Dr Jolly Gosavi and Anaesthetist Dr Jayanthi Bhate, performed an exploratory laparotomy.

About 3 litres of blood with clots were evacuated, and a salpingectomy was done. Post-surgery, she was shifted



Dr Sandhya Saharan

to the ICU, where Dr Amit Khomane and his team managed her with multiple transfusions and intensive monitoring for acidosis and pulmonary oedema.

As the patient came from an economically weaker background, Kaushalya Hospital's management

extended generous financial support, ensuring her complete treatment and recovery. Thanks to the dedicated efforts of the medical and ICU teams, the patient recovered well and was discharged on August 5. During follow-up, she and her family expressed heartfelt gratitude for the hospital's compassionate care and timely action that saved her life.



## Ringing in India's 79th Independence Day

Kaushalya Hospital celebrated India's Independence Day on August 15 with great enthusiasm. The celebration included a flag-hoisting ceremony, in which the staff and doctors participated actively, expressing pride and gratitude for the nation.

## HAPPY PATIENTS

“ I recently visited Kaushalya Hospital and was thoroughly impressed with the exceptional care and service provided by the entire staff. From the front desk to the doctors and nurses, everyone was professional, compassionate, and dedicated to ensuring my well-being. The facilities were clean and modern and the treatment I received was top-notch. I would highly recommend Kaushalya Hospital to anyone in need of medical care. Five stars isn't enough. I would give them 10 stars if I could. Hospital is totally hygienic. Dr Rajan Relekar is God in Human Body.

- Smita Ranjalkar



“ We are writing this testimonial with hearts full of immense gratitude and relief. Our beloved Prince Chaudhari faced an unimaginable crisis. He was battling severe ARDS with shock, complicated by a serious kidney injury and alarming bleeding from the abdomen. There were moments when we truly believed we were at the verge of losing him; he was, quite frankly, almost at the verge of dying. It was during this incredibly dark time that Dr Jugal Gada and his remarkable team at Kaushalya Hospital stepped in. From the moment they took over Prince's care, we felt a shift. Their expertise, dedication, and unwavering commitment were evident in every single interaction. They worked tirelessly, with incredible precision and compassion, navigating every challenge that arose with Prince's complex condition.



Today, we are overjoyed to say that Prince is a testament to their exceptional medical prowess. He has made a recovery that can only be described as miraculous. Thanks to Dr Jugal Gada and his brilliant team, Prince is now all good and ready to be discharged, a moment we once thought we might never see. We cannot thank Dr Gada and his team enough for giving us Prince back. Their skill, dedication, and the truly human touch they brought to his care have made all the difference. We will forever be grateful.

- Parents of Prince Chaudhari

“ कौशल्या हॉस्पिटल, तेथील डॉक्टर्स आणि नर्सिंग स्टाफ सर्वप्रथम तुम्हा सर्वांचे आभार. घरी पडलो आणि मांडीचे हाड फ्रॅक्चर झाले. डॉ. अमित खोमणेनी रात्री 12.30 वाजता फोन उचलला आणि त्वरित एडमिट व्हायला सांगितले. आम्ही पोहचेपर्यंत कॅन्जुलटीमध्ये सांगून पुढील सर्व व्यवस्था करून ठेवली होती. डॉ. समीप सोहळीनी लगेच ऑपेरेशन ठरवले आणि ते पार पडले. सात दिवसांच्या हॉस्पिटलमधील वास्तव्यात सर्व स्टाफने अतिशय काळजी घेतली. त्यात सर्वच आले मग ते डॉक्टर्स, आरएमओ, नर्सिंग स्टाफ, वॉर्ड बॉर्य, मावशी, मेर्ट्रोन, रेशमा मॅंडम, आणि दर्शना. सर्व आपलेपणाने विचारपूस करत होते. विशेष आभार डॉ. अमित खोमणे सर आणि डॉ. समीप सोहळी सर ह्यांचे करू इच्छितो कारण त्यांनी माझ्या सासूबाईंचं निधन झाल्यावर घरच्या माणसासारखी माझी काळजी घेतली आणि माझ्या घरच्यांना पूर्ण मदत केली कारण त्या दिवशी माझे ऑपेरेशन होते. जे कोणी मला भेटण्यास येत होते त्या सर्वांनी हॉस्पिटलच्या स्वच्छतेची खूप प्रशंसा केली जे खरंच आहे. तसेच जेवणाची व्यवस्था आणि क्वालिटीसुद्धा अतिशय चांगली होती. रुग्णासाठी तर होतीच पण त्यांच्या नातेवाईकांसाठी ही बाहेर जायची गरज पडत नव्हती. आपण सर्वांनी दिलेली सेवा ही वंदनीय आहे आणि त्यासाठी परत एकदा मी पूर्ण स्टाफचा मनापासून आभारी आहे.

- नरेंद्र नाडकर्णी

## Kaushalya Hospital Consultants enjoy relaxing getaway



Kaushalya Hospital organised a consultants' picnic on September 6 at Bende's Holiday Home, Lonavala. The overnight trip offered a perfect blend of relaxation and bonding. Doctors and consultants enjoyed scenic views, fun activities, and quality time together, making it a memorable and refreshing break from their routine.

## Ganpati Bappa Morya!



Kaushalya Hospital joyfully celebrated the Ganpati festival with great enthusiasm. The event featured a grand Maha Aarti attended by all staff members and trustees. The celebration created an atmosphere of devotion and togetherness, strengthening the bond among the hospital community and spreading festive cheer throughout the premises.

