

## Celebrating Breastfeeding Week with Moms-To-Be

On the occasion of Breastfeeding Week, Kaushalya Medical Foundation Trust Hospital, in association with Pregnobliss, the Pregnancy Care Studio, organised a free of cost session on "Care During Pregnancy" and "Care During Lactation," on August 10.

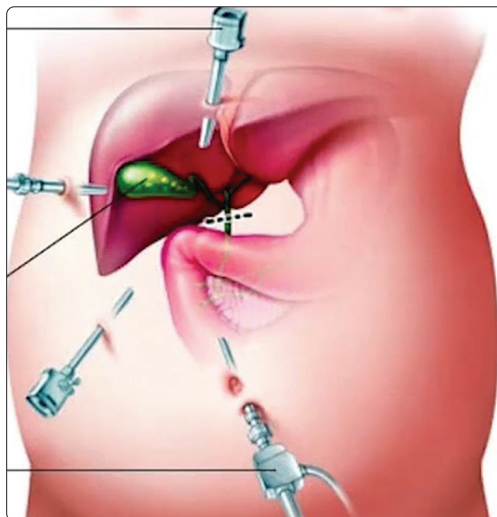
The online antenatal programme covered topics such as, correct posture to



maintain during pregnancy, nutrition, exercise, and remedies for common complaints during pregnancy. Spokespersons Dr Veena Pathak (Paediatrician), Dr Parul Shukla (Paediatrician), Dr Neha Sohoni (Gynaecologist), and Dr Mittal Thakker (Physiotherapist) enlightened the moms-to-be in this insightful session.

### Laparoscopic cholecystectomy patient discharged in less than 12 hours!

A 65-year-old lady with diabetes and hypertension was diagnosed to have gallstones for which laparoscopic cholecystectomy, which is the standard treatment for the same, was advised. The lady had one request - owing to family problems, she wanted to go home as soon as possible after the surgery.



She was admitted a night prior for sugar and BP control and monitoring and was subjected to laparoscopic cholecystectomy the next morning. Incisions tinier than usual were made and surgery was performed by Dr Mandar Gadgil and his senior colleague, who have



Dr Mandar Gadgil

been working together for the past 17 years. The duo was assisted by anaesthesiologist Dr Leena Samant and camera surgeon Dr Yasin Kazi.

The patient was given minimal antibiotics, no catheters or drains were placed

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### Timely intervention cures spinal fractures



Patient recovered to normal postoperatively.

65-year-old female with history of trivial fall at home while working started complaining of severe neck pain and weakness in her both hands. She was not able to grip objects firmly in



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Surgical Society, Thane in association with Kaushalya Medical Foundation Trust Hospital (KMFTH) organised a live operative workshop on 'Fluorescence in Laparoendoscopy' for surgeons and gynaecs, on September 22, in the OPD area on the first floor of KMFTH.



Kaushalya Hospital installed a new sonography machine in its Imaging Department. Resona i9 Colour Doppler Ultrasound machine by Mindray was installed on August 9.



WHO ORS (World Health Organisation Oral Rehydration Solution) activity done by Dr Parul Shukla (Senior Paediatrician) in association with Thane Academy of Paediatric (TAP) on July 31.



## Lovely Lonavala



On August 25, Kaushalya Hospital arranged a monsoon picnic for its consultants to Rustic Highland in Lonavala. The doctors had an enjoyable time amidst the beauty of nature and entertained each other with heartfelt talks and other activities.



Kaushalya Hospital rings in Nurse's Day celebration on July 12.



**HAPPY PATIENTS**

“ This year, in May, I underwent robotic surgery on my left knee, which Dr K.B. Bhavnani performed. It has been five months since then, and I feel comfortable walking. The doctor always said, “Don’t pay much attention to trivial pain.” And I liked what he said. To keep the pain at bay, I started exercising under supervision. My supervisor always advises me to lead a life in such a way as if nothing has happened. I am thankful to Dr Bhavnani and the entire team at Kaushalya Hospital.



- Vaishali Kunte

“ When my wife was pregnant, we had complications in the middle of the eighth month. We were forced to deliver the baby because of those complications. But the way the gynaecologists and paediatricians handled our case, we felt very confident. Everybody in the Kaushalya Hospital, including the NICU Team, nurses and other support staff were very cooperative. Special thanks to Dr Aarohi Tasgaonkar, Dr Jugal, Dr Shreya, and Dr Suhas Kulkarni.



- Prasad Kolhapurkar

“ We admitted our new born baby to the NICU of Kaushalya Hospital. The NICU had all the modern facilities and equipment. We had an excellent experience there. The hospital was spic and span too. Besides, the medical and non-medical staff was extremely professional but at the same time, friendly. We appreciate the help that we received from Dr Jugal Gada.



- Manoj Sawant



The staff of Kaushalya Hospital celebrated India’s 78th Independence Day with patriotic fervour.

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## Laparoscopic cholecystectomy patient discharged in less than 12 hours!

and pain killers were given on demand. In about four hours after surgery, she was allowed water and subsequently liquids were offered.

She was encouraged to use the washroom by herself and she complied gleefully. She recovered so well by evening by virtue of the ERAS protocols that she had already had a small meal and her

sugars and BP were under control. She was quick to accept discharge the moment she was offered one, making her the very first day care laparoscopic cholecystectomy patient of Kaushalya Medical Foundation Trust Hospital. The patient was discharged in less than 12 hours.

## Timely intervention cures spinal fractures

her hands and lift her hands above shoulder level. She was losing her balance while walking. She was evaluated with CT cervical spine and found to have a type 2 odontoid fracture. MRI showed retrolisthesis of fractured segment compressing cord with signal intensity changes. Patient was counselled regarding surgery. She underwent successful bilateral C1 lateral mass and C2 pars pedicular screws and rods fixation. On

postoperative Day 1, she noticed improvement in her hand grip and was able to hold objects firmly. She was able to lift her hands above shoulder level. Now she is also doing her routine activities without any assistance. This case highlights the importance of timely surgical intervention in spinal fractures to prevent long-term neurological deficits.

- Dr Bharat Shinde, Neuro Surgeon