

EDITORIAL

Going from strength to strength

It gives me immense pleasure to connect with you all through this first edition of the Kaushalya Newsletter.

I would like to start by paying tribute to our beloved Founder Trustee, Late Dr. H. S. Bhanushali. His presence is missed daily, but I am sure that his blessings are always there, guiding us to do better and better for our patients.



Dr Amol Bhanushali

Thanks to our Trustees, DPS Dr Oak, team of executives and our superbly skilled

consultants, we have been able to achieve a lot this year. As we all know, the biggest one has been 'Team OrthoRobotics'. It was not just about procuring Thane's first fully automated robot, but more importantly about building the team and initiating the programme. On this note, I would like to congratulate Dr Sameep, Dr Jayesh and Dr Bhavnani for a stupendous start and achieving the first milestone of 25 cases in such a short time.

We also established Thane's first level 1 sleep clinic at our hospital. It's the only centre that performs the most comprehensive polysomnography that is able to diagnose and treat upto 84 sleep disorders.

Our new birthing suites provide utmost comfort to the new mom and have been extremely popular. I am also extremely proud of our very efficient Neonatal team who managed to save a preterm baby, of just 600 gms. I am happy to update that the baby is now discharged from the NICU and is thriving well at home.

I am sure you all will agree that there is a marked improvement in our ICU care for which our intensivists and ICU staff deserve an applause. I think this is a result of better protocols and teaching.

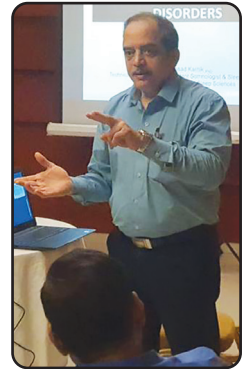
We surgeons have been doing really
... Page-3

Kaushalya Hospital's remarkable leap in Sleep Medicine

In a groundbreaking development, Kaushalya Hospital recently unveiled its Level One Sleep Medicine Lab, setting a new standard for healthcare in Thane.

This state-of-the-art facility boasts the ability to diagnose more than 84 sleep disorders, making it the most advanced of its kind.

... Page-3



Kaushalya among the top 10 multispecialty hospitals in central Mumbai

Health is wealth. While it may sound as cliché as it gets, the importance of health cannot be ignored as it directly affects the overall well-being and quality of life as individuals, communities, and even nations. Therefore, offering the best healthcare treatments and services is of paramount importance.

... Page-2



Ganpati Bappa Moraya!



Last month, Ganesh Chaturthi was celebrated with a lot of enthusiasm at Kaushalya Hospital. The hospital's doctors, non-medical staff, and the patients came together to commemorate the much-awaited festivities. A Maha Aarti was organised to seek the blessings of Lord Ganesh, which added to the religious and cultural fervour of the celebrations.

Kaushalya increases its social service quotient



Kaushalya Hospital has been conducting medical camps over the years. Recently, it organised one at Shahpur in the first week of September. Approximately 150 individuals in the age groups of 10 to 80, benefitted from the consultation. Free medicines were distributed too.



Dr Shailendra Jadhav expressed his heartfelt gratitude and congratulated team KMF ICU, Dr Amit Khomane, Dr Nitin Naravne, Dr Samir Rege, Dr Meenakshi Saileshwar, Dr Anita Chevle, and team NICU for successfully managing a 36-week old Primi with moderate to severe PHT, 2nd degree Esophageal varices, Cholelithiasis, and Cholecystitis with a tight nuchal cord.



Kaushalya Medical Foundation Trust Hospital (KMFTH) has successfully undertaken charitable services for 85 patients from Thane city and district and treated them at charitable rates as per the IPF scheme (Government approved). The beneficiaries have received a benefit of 50%. Another six patients have received fully free services. Besides, KMFTH has also offered free food to these patients. Rotary Club of Thane Premium joined hands with KMFTH for this noble cause at Asose village in Murbad.

Page - 1 Continuation

Kaushalya among the top 10 multispecialty hospitals in central Mumbai

This year, the Mid-day Health Survey was conducted to bring to the forefront the best multispecialty hospitals from across Mumbai highlighting the different services provided including comprehensive

healthcare, enhanced patient convenience, improved care coordination, access to advanced technologies and most importantly the experienced and efficient medical staff and resources.

The result of the survey was incredibly pleasing to Kaushalya Hospital as it featured among the top 10 best multispecialty hospitals in central suburbs.

Introducing the world's most advanced joint replacement Robot at Kaushalya

Setting up a large multispecialty hospital is no mean feat in itself and successfully running it for two decades is therefore a milestone worth to be acknowledged. With the media attention on the healthcare infrastructure or the lack of it even in 2023 makes me ponder how an organisation without backing of industry barons even thought about doing the feat just mentioned above. It was only possible because of the values of commitment, ethics and hard work instilled by the Founder Trustees of Kaushalya Medical Foundation Trust Hospital (KMFTH) Late Dr HS Bhanushali, Dr M V Sohoni and Dr Asha Bhanushali.



To further the vision, Dr Amol Bhanushali and me have resolved to take KMFTH to the next level. We have introduced an initiative called Kaushalya 2.0, a digital and technological transformation which will make the hospital futuristic in all aspects. With our team of experienced consultants, staff and nurses we have delved into the most minute details for making the treatment at KMFTH worldclass and yet affordable to all strata.

Our Crown Jewel is the Robotic Joint Replacement Programme wherein we have installed the world's most



Dr Sameep Sohoni

advanced Joint Replacement Robot - CUVIS at KMFTH. With Team OrthoRobotics comprising of Dr Kiran Bhavnani, Dr Nayak and me, we have already delivered excellent results to patients who have come with debilitating arthritis of joints especially knee joints. With a fabulous

combination of robotic technology and experience, we have reduced the recovery time of the patients. With artificial intelligence, we are certain that our progress is going to get even better in the years to come. A large number of patients have benefitted from the use of robotic technology and are now themselves the brand ambassadors of KMFTH

- Dr Sameep Sohoni
Trustee - KMFTH
Orthopaedic Surgeon
Robotic Joint Replacement Specialist -
Team OrthoRobotics

Page - 1 Continuation

Kaushalya Hospital's remarkable leap in Sleep Medicine

The significance of this achievement cannot be overstated. Sleep disorders, from common issues like snoring and insomnia to the rarest conditions, affect countless individuals, often with serious health consequences.

Beyond the impressive diagnostic capabilities, what truly stands out is the hospital's dedication to education and awareness. Last month, the hospital hosted an informative seminar on sleep medicine, shedding light on the importance of quality sleep and the available treatments. This initiative is a testament to its holistic approach to healthcare.

Patients suffering from sleep apnea, snoring, insomnia, and other sleep-related problems can benefit from cutting-edge treatments now available in Thane.

Going from strength to strength

complex cases with due support from anaesthetists, OT staff, physicians and ICU. Our OT lists are getting longer, which is a reason to smile. On a personal front I was able to operate some really complicated thoracic cases, one of them a 4 year old child.

Streamlining mediclaim processes, medical loans, ensuring better patient satisfaction, starting newer programmes have been our consistent goals all focused towards our motto of 'work to heal'

We at Kaushalya strongly believe that all work and no play makes Jack a dull boy, so I am happy we could organise an exciting monsoon picnic recently. We plan to have more such informal gatherings to better our camaraderie and team spirit!

We should always remember that while laying the foundation of our hospital, the sole aim of Dr. Bhanushali and Dr. Sohoni was to be able to offer best treatment at affordable costs to the less privileged. I thank you all for your constant support to be able to run the charitable wing successfully.

On behalf of the management, I assure everyone that at Kaushalya Hospital you will always find all the support you need for optimising and providing excellence in patient care.

Wish you a very Happy Navratrī and Happy Diwali in advance!

- Dr Amol Bhanushali

Thoracic & Laparoscopic Surgeon
Managing Trustee

HAPPY PATIENTS

“ Dr Neha Sohoni is the best Gynaecologist/Surgeon. I had done my fibroid and uterus operation which went very well. I had no pain while the stitches were being removed. She performed the operation with surgical precision. Besides, she also explained everything in detail, which relieved my tension. I would give her five stars.

- Sangita Karnik

“ My mother has been under the care of Dr Amit Khomane since 2021. He has saved her life twice and continues to treat her with utmost care and attention. I am always rest assured that the best medical care is guaranteed under Dr Khomane. I will be forever grateful to him and Kaushalya Hospital.

- Aakhansha Iyer

“ My wife delivered our baby at Kaushalya Hospital. It was a comfortable stay for us. All the hospital staff and doctors were very supportive and concerned. My special thanks to Dr Sandhya Saharan and Dr Jolly Gosavi for undertaking smooth delivery of my wife. We had a great experience. Keep up the good work.

- Sameer More

Thank you team ICCU at Kaushalya Hospital for all your support, care, and concern during my stay in the ICCU unit. I would not have been able to recover so soon without your relentless efforts. Thank you once again.

- Mrunal and Mahesh Jadhav

“ Thank you, Dr Sameep Sohoni for enabling a speedy and logical treatment for me. All the doctors, staff, nurses, and maushis were polite and supportive. They were always available on call. I am indebted to you for being patient with me, explaining everything in detail, and answering my numerous questions to the best of my satisfaction.

- Rajesh Sawant



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